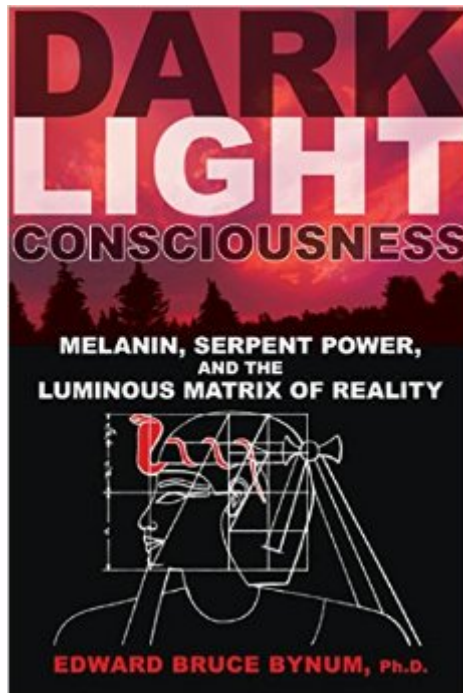


The book was found

Dark Light Consciousness: Melanin, Serpent Power, And The Luminous Matrix Of Reality



Synopsis

How to awaken the Ureaus--the serpent power of spiritual transcendence within each of us--and connect to the superconscious of the universe • Reveals the biochemistry of how the body's melanin provides the template for the subtle energy body or light body • Shows how embracing the dark light consciousness of the awakened Ureaus opens a portal to the sacred darkness of the superconscious • Provides illustrated instructions for meditation practices, breathing exercises, and yoga postures to safely awaken Ureaus/Kundalini energy Within each of us lies the potential to activate a personal connection to the superconscious. Called "Ureaus" in ancient Egyptian texts and "Kundalini" in ancient Hindu yoga traditions, our innate serpent power of spiritual transcendence inhabits the base of the spine in its dormant state. When awakened, it unfurls along the spinal column to the brain, connecting individual consciousness to the consciousness of the universe enfolded within the dark matter of space. At the root of creativity and spiritual genius across innumerable cultures and civilizations, this intelligent force reveals portals that enfold time, space, and the luminous matrix of reality itself. Combining physics, neuroscience, and biochemistry with ancient traditions from Africa and India, Edward Bruce Bynum, Ph.D., explores the ancient Egyptian science of the Ureaus and reveals how it is intimately connected to dark matter and to melanin, a light-sensitive, energy-conducting substance found in the brain, nervous system, and organs of all higher life-forms. He explains how the dark light of melanin serves as the biochemical infrastructure for the subtle energy body, just as dark matter, together with gravity, holds the galaxies and constellations together. With illustrated instructions, he shows how to safely awaken and stabilize the spiritual energy of the Ureaus through meditation practices, breathing exercises, and yoga postures as well as how to prepare the subtle body for transdimensional soul travel. By embracing the dark light of the shining serpent within, we overcome our collective fear of the vast living darkness without. By embracing the dark, we transcend reality to the dimension of light.

Book Information

Paperback: 368 pages

Publisher: Inner Traditions; 1st Edition edition (June 19, 2012)

Language: English

ISBN-10: 1594774722

ISBN-13: 978-1594774720

Product Dimensions: 6 x 0.9 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

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Customer Reviews

â œDark Light Consciousnessâ • has made me more aware of how perfectly man is designed to reunite with divine consciousness. Dr. Bynum, explores the science of kundalini, that innate divine evolutionary life force that emerges from the base of the spine and surges in spirals upward to cleanse the thought of impurities and to mold thought as well to return again to the Source within itself. He wants Western psychology to open to the wisdom of higher mind that was known to ancient Egypt, India and Tibet. As he states (p. 4), â œJust as psychologists have studied the subconscious and the unconscious below the ego by means of slips of the tongue, free association, and dreams, we must now study the higher unfoldment of the superconscious that functions above and beyond the ego.â • He then lays out how kundalini is connected to the dark neuromelanin in the brain, nervous system, and organs, and makes an excellent case that this light-absorbing, iron-rich melanin is not only involved in the development of the brain, etc., but also able to detect the subtle movement arising from within the Earthâ™s core (also iron-rich). That neuromelanin is in all likelihood the physical biochemical substance of the subtle energy body or etheric body the mystics have spoken of for thousands of years. The goal of life, according to Dr. Bynum, is union with the divine, and hence the goal of spiritual practice is the raising and awakening of the energies of kundalini and the activation of a personal connection to the superconscious. More than half the book is devoted to the practical application of meditation, yoga, and breath exercises that quiet the mind and raise the kundalini. I particularly enjoyed his writing in Chapter 8 on meditation; he writes more like a poet than a scientist.

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